Allergens Recipe Card

Name of Dish or Ingredient:

Date: Chef:

TICK THE ALLERGENS WHICH ARE IN THE DISH	Celery ☐	Gluten Cereals * ☐	Crustaceans ☐	Eggs ☐
	Fish ☐	Lupin ☐	Milk ☐	Molluscs ☐	Mustard ☐
	Nuts* ☐	Peanuts ☐	Sesame seeds ☐	Soya ☐	Sulphur Dioxide ☐

*State the name of the cereal(s) containing gluten and/or the name of the nut(s)

Notes: Checked by:

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